



Refuge & Bodhichitta

Translated by Geshe Graham Woodhouse



Refuge

Shortest

I go for refuge to three Jewels
Till Buddhahood for all beings' sake.

8 syllables

I go for refuge to three gems.
All sentient beings I'll liberate
And place them in enlightenment.
I'll generate awakening mind.

10 Syllables

To Buddha, Dharma and fine Fellowship
I go for refuge till enlightenment.
By my collections, giving and the rest,
May I reach Buddhahood for all beings' sake.

12 Syllables

I go for heartfelt refuge to the triple gem.
I'll free all suffering beings, set them in lasting joy:
For that give birth to Bodhichitta, then train in
The Conqueror children's deeds to win full Buddhahood.